



Thyroid & Adrenal Research Institute

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Obesity there is a solution!!

The worldwide incidence of obesity is increasing dramatically! According to the World Health Organization (WHO), obesity is classified as a growing, global epidemic and if immediate action is not taken, millions will suffer from an array of serious weight-related disorders. Most studies show that the obese have up to 50-percent increased risk of death from all causes compared to healthy weight individuals. Based on these figures it is clear that we have an obesity health crisis on our hands.

Researchers at the University of Birmingham in England have established that **thyroid plays a big role in weight control**, and in determining a **person's metabolic rate**. Unfortunately, symptoms related to hypothyroidism are common and vague; which is one reason why thyroid dysfunction often goes undetected. From his book on Hypothyroidism, Dr. Starr states "One of the latest syndromes associated with obesity is called "Metabolic Syndrome"... This is just another manifestation of the obesity epidemic..." Dr. Earl Ford's team at the Center for Disease and Control (CDC) estimated that 47 million Americans (over 20% of adults) have Metabolic Syndrome.

NiTek, a company focused on non-invasive technology, has recently developed **Thyroflex, the machine that identifies thyroid dysfunction with high sensitivity and specificity; it is an inexpensive and easy to perform 4 minute test**. The results are instant and give the treating doctor a tool to help them make treatment decisions that will be of great health benefit to their patients. For more information visit us at www.nitekmedical.com

Consider thyroid the hidden factor in your patient's health!

Help your patients deal with overweight and obesity related health problems by simply checking their thyroid function first!

References:

- Marc Hyman MD. Editor-in-Chief of Alternative Therapies in Health and Medicine, Medical Editor of Alternative Medicine Magazine.
- Nils Knudsen, et al. Small differences in thyroid function may be important for Body Mass Index and the occurrence of obesity in the population The Journal of Clinical Endocrinology & Metabolism. April 21, 2005
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R: 1.003 November 2006 Tamar Tchelidze, MD, MPH

Thyroid & Adrenal Research Institute. 10792 E. Fanfol, Lane, Scottsdale, AZ 85258;
www.nitekmedical.com